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EFFECT OF *FICUS RELIGIOSA* PHENOLICS ON THE FORMATION OF BIOFILM AND SWARMING OF *PROTEUS MIRABILIS*

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ABSTRACT

Urinary tract infection by *Proteus mirabilis* depends on several virulence properties such as ability of adherence and swarming. Here we report the antiadherence, antibiofilm and antiswarming effects of phenolic compounds of *Ficus religiosa* leaves and bark. The results showed that phenolic compounds of leaves was more effected than bark in reduction of adherence, biofilm formation and swarming motility especially at concentration 2 mg/ml, the reduction of adherence of bacteria was obvious in glass tubes. The ability of leaves phenolics to decreasing the biofilm formation in microtiter plate was significant in contrast with control. The results which suggests that *Ficus religiosa* phenolics can potentially be developed as UTI drugs.

Key Words: *Ficus religiosa*, *Proteus mirabilis*, Phenolics, Biofilm, Swarming.

INTRODUCTION

Bacteria growing in a biofilm on a surface are generally more resistant to many antimicrobial agents than the same bacteria growing in a free-swimming state (Dontan and Costerton, 2002). Swarming, a process wherein short, oligoflagellated vegetative swimmer cells differentiate into a separate multinucleate, filamentous, hyperflagellated swarm cells arranged in palisades or rafts enables bacteria to migrate rapidly and collectively over surfaces (Hernandez *et al.*, 1999).

P. mirabilis can cause severe UTI particularly in patients with urinary catheters or in people with structural abnormalities of the urinary tract (Warren *et al.*, 1982). *Ficus* species are rich source of polyphenolic compounds, flavonoids which are responsible for strong antioxidant properties that help in prevention and therapy of various disorders (Ephuraim *et al.*, 2008). It has been observed in some studies that the plant-produced phenolic metabolites attenuates biofilm formation in *P. aeruginosa* (Yang *et al.*, 2009). With an increasing difficulty in treating UTI

infections, there has been a growing interest in alternative therapies and the use of natural, especially plant based products. The aim of this study are evaluation the effect of phenolic compounds extracted from leaves and bark of *Ficus religiosa* against the formation of biofilm and swarming activity of *Proteus mirabilis* isolated from Urinary Tract Infections (UTI).

MATERIALS AND METHODS

Plant material

Park and leaves of *F. religiosa* were procured from Al Jadiria, Baghdad, Iraq. Authentication and identification of the plant was carried out by Prof. Dr. Ali Al- Mosawy, Department of Biology, College of Science, University of Baghdad.

Sample preparation

Park and leaves of *F. religiosa* were cleaned and cut into small pieces, and then oven dried at 50°C for a day. The dried sample was then pulverized into fine powder in a grinder, and then stored at 4°C until use.

Extraction and purification of phenolics

A dried sample of leaves and park 10 g extracted for 30 min. by stirring at 4°C with 200 ml of cold aqueous

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ethanol 65 % containing 0.5 % Sodium metabisulphite. The homogenate was filtered through four layers of cheesecloth, and the residue was then extracted with two additional portions (100 ml each) of the same extraction solution as described above. The combined filtrate was centrifuged at 7000 rpm for 15 min. at 4°C and residue was discarded. Ethanol was removed from the supernatant by rotary evaporator under vacuum at 35°C, and the mass is measured. Pigments were eliminated by two successive extractions with petroleum ether. After addition of 20% ammonium sulphate and 2% metaphosphoric acid to the aqueous phase, the compounds were extracted three times with ethyl acetate. The extracts were combined, evaporated and then dried under vacuum at 35°C. The residue was redissolved in methanol (1:1) for analysis (Zhu *et al.*, 2008).

The effects of plant extraction on adhering of bacteria to glass tube

This test was used to detect the ability of bacteria to adhere to smooth surface (glass tubes). The test was done by cultivating the tested bacteria in glass tubes contain (1ml) nutrient broth. The control tube contains (1ml) nutrient broth only. All the tubes were incubated for 24 hrs at 37 °C. After incubation period, the contents of tubes were removed then 1ml of plant extract were added to each tube with different concentration (1 mg/ml, 2 mg/ml) after that all tubes were incubated for 24 hrs at 37 °C then the contents of tubes were removed and the contents of tubes were removed and tubes were stained by adding (1 ml) of 0.1% crystal violet for 1 minute then the effect of plant extraction on adhering growth was seen. Slime production was visible through a film that occurred on tube walls. We estimated the amount of slime production as absent (score 0), weak (score 1), moderate (score 2), strong (score 3) or very strong (score 4) (Christensen *et al.*, 1983).

Biofilm inhibition assay

Biofilm inhibition carried out in 96 well plates adopting modified method of biofilm inhibition spectrophotometric assay (Regev-Shoshani *et al.*, 2010). 100 µl of cell suspension of *E.coli* thus prepared was added into 96 well titre plate and different concentration of plant extracts as 1 and 2 mg/ml was added and incubated at 37°C for 3 days. After the incubation, the liquid suspension was removed and 100 µl of 1% w/v aqueous solution of crystal violet was added. Following staining at room temperature for 30 minutes the dye was removed and the wells were washed thoroughly, 95% ethanol was added and incubated for 15 minutes. The reaction mixture was read spectrophotometrically at 570nm. Inhibition mediated reduction of biofilm formation was calculated by the following formula:

$$\% \text{ of inhibition} = \frac{\text{OD in control} - \text{OD in treatment}}{\text{OD in control}} \times 100$$

Swarming behavior assay

The effect of the extract on swarming migration was assessed as described by Liaw *et al.* (2000). Briefly an overnight bacterial culture (5 µl) was inoculated centrally onto the surface of dry LB swarming agar plates without or with phenolic compounds at 1 and 2 mg/ml which were then incubated at 37 °C for 24 hrs. The swarming migration distance was assayed by measures of the swarming areas fronts.

RESULTS AND DISCUSSION

The ability of bacteria to adherence to glass tubes and the effect of *F. religiosa* phenolics on adhering of bacterial isolate *P. mirabilis* were summarized in figure 1 – a, b.

Results indicated that *P. mirabilis* gave positive result (presence of adherent growth on smooth surface or glass tubes). It was found that phenolics of leaves and bark of *F. religiosa* (1 mg/ml and 2 mg/ml) decrease the adherent growth of bacterial isolate on glass tubes as shown in figure 1.b. and c, It was obvious that the effect of leaves phenolics at concentration 2mg/ml gave the better result in contrast with control with more decreasing of adherent growth. Microbial adhesion is considered the first step in the sequence of events leading to colonization, the ability to adhere is weakened by exposure to sublethal doses of antibacterial agents (Sharma and Sabnis, 2010). Some studies referred to the effect of polyphenolic compounds on the enzymatic activity of glucosyltransferase which is the essential virulence factor that allows the colonization of bacteria and adherence (Yanagida *et al.*, 2000, Gregoire *et al.*, 2007).

The results of the effect of phenolic compounds of *F. religiosa* leaves and bark on biofilm formation of *P. mirabilis* showed in figure 2. It was found that phenolic compounds of leaves exhibited reduction in biofilm.

Formation of *P. mirabilis*, where the absorbance 2 mg/ml of phenolics leaves was 0.019 in comparison with control (0.075). The effect of bark phenolic was less than leaves but it good effect in comparison with control. Biofilm formation plays a very important role in the pathogenesis of UTI pathogens (Jones *et al.*, 2005).

Some studies referred that phenolic compounds such as catechin-derived flavanols protect the fruit surface against pathogenic attack (Feunt *et al.*, 1994 and Feunt and Schwalb, 2000). The obvious interfering of polyphenols such as epigallocatechingallate (EGCG), ellagic acid and tannic acid with biofilm formation and Quorum-sensing reported Huber *et al.*, (2003). The inhibitory action of phenolics on biofilm formation may be due to iron starvation, since some of phenolic have moderate iron chelating properties (Devoss *et al.*, 1999). The figure 4. Summarized the effect of phenolic compounds of leaves and bark of *F. religiosa* on swarming of *P. mirabilis*. The results revealed that there is no significant effect of 1mg/ml of leaves and bark phenolics

on swarming zone diameter, in contrast swarming zones more susceptible to the concentration 2mg/ml of phenolics specially from leaves, where the reduction of swarming was from 9cm to 1cm. Some studies suggested that the phenolic acids such as tannic acid and tannin –containing

materials blocked swarming motility without impairing *P. aeruginosa* growth capacities (Omay and Tufenkji, 2011). The mechanism of inhibition swarming may be due to binding and precipitating of phenolics to many different types of proteins (Haslam, 1996; Pratt and Kloter, 1998).

Fig 1. The ability of *P. mirabilis* to adherence to glass tubes (A), the effect of phenolics of *F. religiosa* bark on adhering of *P. mirabilis* to glass tubes (B) and the effect of phenolics of *F. religiosa* leaves on adhering of *P. mirabilis* to glass tubes (at 2 mg/ml)

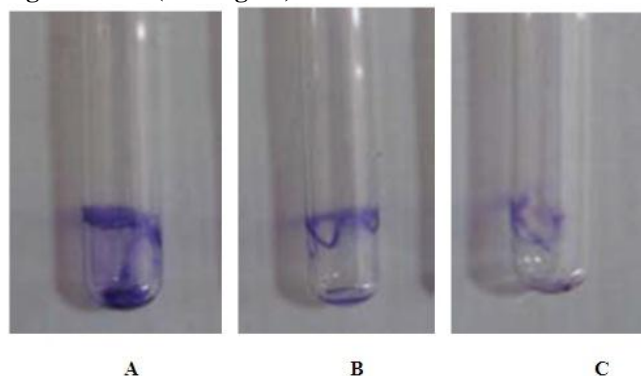


Fig 2. Antibiofilm activity of *F. religiosa* phenolics by using stained biofilms of *P. mirabilis* in a microtiter plate reader

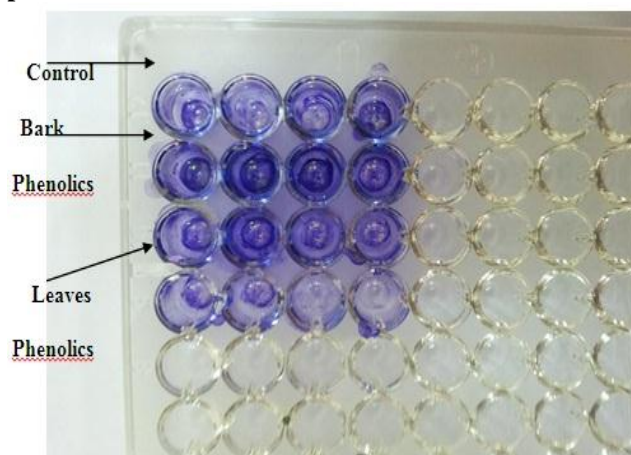


Fig 3. Effect of phenolic compounds of *Ficus religiosa* leaves and bark on biofilm formation of *Proteus mirabilis*

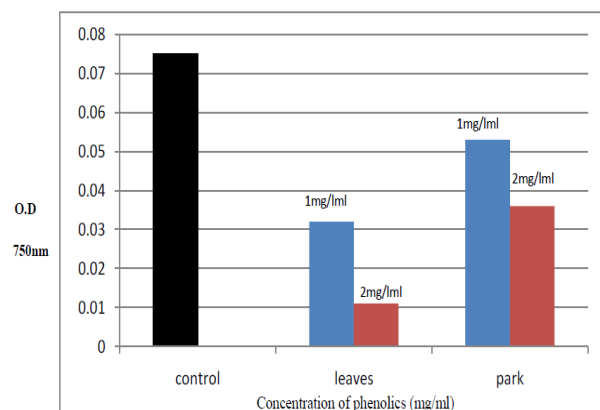
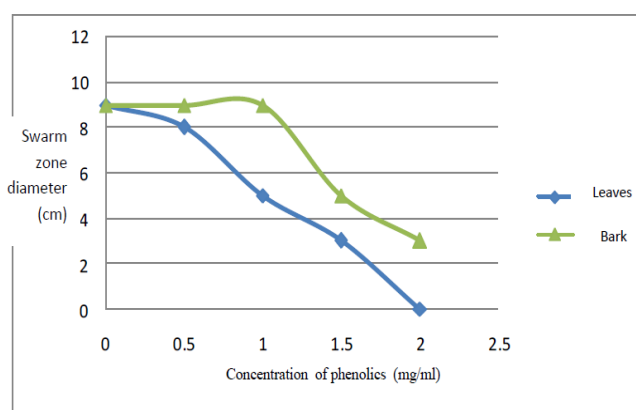


Fig 4. Effect of phenolic compounds of *Ficus religiosa* leaves and bark on swarming of *Proteus mirabilis*



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